## BIOTOP!A "The Way" MAP me-byo valley









Barefoot

## Walk barefoot - Feel the earth -

As modern electric appliances around us, our body is being charged.Let's discharge the static electricity from your body once a while. Walk barefoot on the soil is one of the ways to do that. By connecting your body to the earth, you release the static electricity.

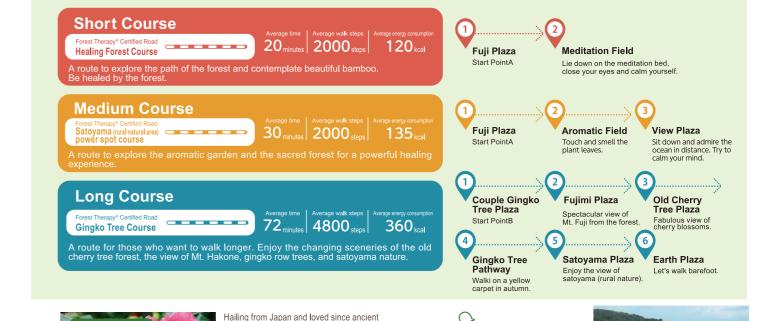




A wife and husband of gingko tree was transplanted from Tokyo 50 years ago. It is so beautiful in fall foliage.



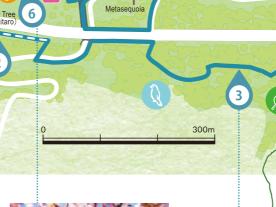




Unchanging satoyama view.









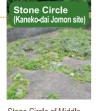
Those in the know know

this power spot: a Hokora (small shrine) of Yamato Takeru no Mikoto Enjoy the view of Sagami bay and (legendary prince). An (Castanopsis sieboldii) stands at the end of the



The sense of smell is a primitive

and instinctive ability. It is a special sensibility that directly delivers to brain. Discover your favourite scent by smelling and touching flower and greens in the garden. It will directly effects your brain and heal your body and mind.



Stone Circle of Middlelate Jomon era. important cultural property by Oi Town.



Forest Promenade Map



Suggested Rest & Viewing Point in the Forest

Modern society relies on the sense of sight too much, causing an increase of visual stress.Lie down, sit, and close your eyes calmly in forest. Using your senses except the sight by hearing to birdsongs, feeling the wind breeze and smell the forest, will bring you deep relaxing moments.



times by Japanese, Camellia Japonica is also

210 flowers for 155 varieties of Camellia

planted in this garden.

called 'Queen of Chabana', tea ceremony flower.

Japonicas were collected across the country and

Built for horse deity.



A thousand years old pine tree standed here as a symbol. Enjoy the view of Sagami Bay and Ashigara Plain.





9:30-17:00

me-byo XPLAZA







View of Mt. Fuji, Hakone Mountain and Ashigara Plain.



Walk on a yellow leaves carpet in autumn, and enjoy the blossoms of Higanbana (red spider